

MASTERS

Dive into aquatics with
coached master practices



The Masters program is for adults of all swimming abilities looking for a great swim workout. These coached workouts are designed to improve your overall conditioning as well as help with your stroke mechanics. Whether you are a beginner, regular lap swimmer, former collegiate swimmer, or aspiring triathlete, this program is for you.

| Rates (Effective 12/22/20) | Members | Non-Members |
|-----------------------------------|--------------|--------------|
| Drop In | \$6/practice | \$9/practice |

- Swimmers may register for practices up to 6 days in advance.
- Kingsbury Club Members can register online for practice through the member portal or the Kingsbury Club app.
- Non-Members can register by calling 508-359-7800.
- If you are new to the program or would like more information, please contact Chris Carpino, Masters Head Coach, at carpinomasters@gmail.com

| PRACTICE TIMES | |
|-----------------------|---------------------------------|
| Monday | 9:15 - 10:15am |
| Tuesday | 5:00 - 6:00am |
| Wednesday | 9:15 - 10:15am 7:30 - 8:30pm |
| Thursday | 5:00 - 6:00am |
| Friday | 9:15 - 10:15am |
| Saturday | 7:00 - 8:00am |

Registration Form - Kingsbury Club Masters

Name _____ Phone _____

Non-member Information

Address _____ Email _____

Club Membership: Member Non-Member

The Kingsbury Club & Spa reserves the right to photograph program participants for publicity purposes, in print or electronic media.

I realize that the swim programs are of physical nature and the Kingsbury Club, its shareholders, directors, officers, employees, representatives and agents cannot be held responsible for any loss, claim, injury, damage, or liability sustained or incurred during participation in our programs on the premises of Kingsbury Club, 2 Ice House Road, Medfield, MA 02052

Name (please print) _____ Date _____

Signature _____ Date _____

**PAYMENT METHOD: MUST provide payment information for registration to be considered and processed.
Payments will NOT be processed until class has enough members to run.**

: Credit Card Name on card _____ CVV# _____

Type/Card Number _____ Exp.Date _____

House Charge Check