



FITNESS TRAINING

It's time to change up your fitness routine!

Hire a personal trainer and become a better you.

For more information contact:
Melissa Huntington, Fitness Director
774-469-3063 direct • fitnesskcm@gmail.com



TRAINING RATES effective February 1, 2021

Private - 1 Hour Session

Single		\$80/session
Package of 4	\$300	\$75/session
Package of 8	\$560	\$70/session

Trio - 1 Hour Session

Single		\$45/person
Package of 4	\$160	\$40/session
Package of 8	\$280	\$35/session

Duo - 1 Hour Session

Single		\$60/person
Package of 4	\$220	\$55/session
Package of 8	\$400	\$50/session

Small Group Training - 4 or more

1x/week for 8 weeks	\$200	\$25/session
2x/week for 4 weeks	\$176	\$22/session

- All packages expire in one month
- All training sessions are available to members and non-members. Non-member pricing applied.

Registration Form - Fitness Training

Participant _____ DOB _____ Member # _____

Parent's Name (if under 18) _____

Address _____

Phone _____ Email _____

Emergency Contact _____ Phone _____

Membership Type: Member Non-Member

Payment Method: Check House Charge (Member's only)

Credit Card Type/Card Number _____ Exp.Date _____

Training Type: Private Duo Trio Small Group Training

The undersigned accepts fully that the Kingsbury Club, its shareholders, directors, officers, employees, representatives, and agents cannot be held responsible for any loss, claim, injury, damage, or liability sustained or incurred during participation on the premises of the Kingsbury Club.

The Kingsbury Club reserves the right to photograph program participants for publicity purposes, in print or electronic media.

Participant Signature (Parent, if under 18) _____

Date _____