

# PERSONAL TRAINING

IT'S TIME TO CHNAGE UP YOUR FITNESS ROUTINE!  
HIRE A PERSONAL TRAINER AND BECOME A BETTER YOU.

TO SET UP AN APPOINTMENT OR FOR MORE  
INFORMATION, PLEASE REACH OUT TO OUR  
FITNESS DIRECTOR, MELISSA HUNTINGTON AT  
[MELISSAHKCM@GMAIL.COM](mailto:MELISSAHKCM@GMAIL.COM)



**KINGSBURY CLUB**

MEDFIELD

# PERSONAL TRAINING RATES

## PRIVATE - 1 HOUR SESSION

	MEMBERS	NON-MEMBERS
SINGLE	\$80/SESSION	\$96/SESSION
PACKAGE OF 4	\$300 (\$75/SESSION)	\$360 (\$90/SESSION)
PACKAGE OF 8	\$560 (\$70/SESSION)	\$672 (\$84/SESSION)

## PRIVATE - 1/2 HOUR SESSION

	MEMBERS	NON-MEMBERS
SINGLE	\$45/SESSION	\$54/SESSION
PACKAGE OF 4	\$170 (\$42.50/SESSION)	\$204 (\$51/SESSION)
PACKAGE OF 8	\$320 (\$40/SESSION)	\$384 (\$48/SESSION)

## DUO - 1 HOUR SESSION

	MEMBERS	NON-MEMBERS
SINGLE	\$60/SESSION	\$72/SESSION
PACKAGE OF 4	\$220 (\$55/SESSION)	\$264 (\$66/SESSION)
PACKAGE OF 8	\$400 (\$50/SESSION)	\$480 (\$60/SESSION)

## TRIO - 1 HOUR SESSION

	MEMBERS	NON-MEMBERS
SINGLE	\$45/SESSION	\$54/SESSION
PACKAGE OF 4	\$160 (\$40/SESSION)	\$192 (\$48/SESSION)
PACKAGE OF 8	\$280 (\$35/SESSION)	\$336 (\$42/SESSION)

## SMALL GROUP TRAINING - 4 OR MORE

	MEMBERS	NON-MEMBERS
SINGLE	\$25/SESSION	\$30/SESSION



- All Packages expire in month.
- All training sessions are available to members and non-members