

ADULT TENNIS



Winter 2023-24'
December 4 - March 17

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00	HIT Drills (3.0-4.0 Mixed)					HIT Drills (3.0-4.0 Mixed)	
9:00					HIT Drills (3.0-4.5+ Ladies Only, Levels Rotate, Mix & Combine)		
9:30						HIT Drills (2.0-2.5 Mixed)	
10:30		HIT Drills (2.5 Ladies Only)			Drills & Skills* (2.5-3.0 Ladies Only)		
Noon					Adult Beginner's Tennis* (2.0-2.5 Mixed)		
3:00					*Indicates a Session Long Program vs. Weekly Sign Up Class! See Program vs. Class Registration Process on Back of this flyer!		Adult Beginner's Tennis* (2.0-2.5 Mixed)
6:30			HIT Drills (3.0-3.5 Mixed)				
7:00		Adult Beginner's Tennis* (2.0-2.5 Mixed)					

HIT DRILLS

High Intensity Tennis Drills: Work on point play scenarios and position strategy. Get a great workout, hit a lot of balls, and take your game to the next level!

Register:

Weekly sign up on the app under 'Classes'

Offered:

- Monday 8:00 - 9:00am (3.0-4.0 mixed)
- Tuesday 10:30 - 11:30am (2.5 Ladies Only)
- Wednesday 6:30 - 8:00pm (3.0-3.5 mixed)
- Friday 9:00 - 10:30am (3.0/3.5/4.0/4.5+ Ladies Only) *Levels combine & rotate weekly.*
- Saturday 8:00 - 9:30am (3.0-4.0 mixed)
- Saturday 9:30 - 10:30am (2.0-2.5 mixed)

Cost:

1-Hour : Members \$31 • Non-Mem: \$41
1.5-Hour: Members: \$40 • Non-Mem: \$50

TENNIS COMMUNICATIONS

(THIS IS HOW WE WILL CONTACT YOU IF WE NEED TO GET A HOLD OF YOU or YOUR CHILD)! :

Please make sure you & your child's profile have an (accurate) email address associated with each person's individual profile. We will send out registration confirmations, cancellations, & any updates regarding programming to the email address associated with the player's profile.

NEW PLAYER FINDER:

Find Players, Find Games. Instantly communicate with the Kingsbury Club Medfield's Tennis Community!
1. Download the 'Team Reach' App on your mobile device. 2. Enter Group Code: TENNISKCM (all caps)

ADULT BEGINNER'S TENNIS

This class has been designed to introduce and welcome back adult player to learn the basic fundamentals of tennis & stroke mechanics. Challenge yourself, meet new people, & have fun!
(2.0 - 2.5 Skill Level Mixed)

Register: Register on the app under 'Programs' (See Grid on back for Registration Dates).

Offered: Tuesday 7:00 - 8:00pm • Fridays 12:00 - 1:00pm • Sundays 3:00-4:00pm

Session 1: 12/4 - 1/21 (No Class 12/23-1/1)

Session 1 Cost (Tuesdays / Fridays - 6 Weeks): Mem: \$186 • Non-Mem: \$246

Session 1 Cost (Sundays - 5 Weeks): Mem: \$155 • Non-Mem: \$205

Session 2: 1/22 - 3/17 (No Class 2/17- 2/23)

Session 2 Cost (Tuesdays/ Fridays/ Sundays - 7 Weeks.): Mem: \$217 • Non-Mem: \$287

DRILLS & SKILLS

Improve your game with drills designed to refine your skills & help you develop an understanding of strategy. Drills followed by pro-critiqued match play. (2.5 - 3.0 Skill Level Ladies)

Register: Register on the app under 'Programs'

(See Grid Below for Registration Dates).

Offered: Friday 10:30am - 12:00pm

Session 1: 12/4 - 3/17 (No Class 12/23-1/1 & 2/17-2/23) 13 Wks.

Session 1 Cost: Mem: \$520 • Non-Mem: \$650

CMITA MEN'S B & C TEAM

League: Central Massachusetts Indoor Tennis Association. Matches consist of 2 singles & 2 doubles matches each playing for 1.5 hrs against other local clubs on Saturdays. (B Team 4.0+ Skill Level Men) • (C Team 3.0-3.5 Skill Level Men)

Apply: To Apply to the Team/More Info. Email

kcmtenniscoordinator@gmail.com

Offered: Matches - Saturdays 2:00-6:00pm **Session:** September - April

Holiday Adult Tennis Schedule:

www.kingsburyclubmedfield.com/holidaytennisschedule

HOW TO REGISTER FOR A CLASS STEP BY STEP:

(HIT Drills)

***Members** are able to register **6 Days** in advance.*

***Non-Members** are able to register **3 days** in advance.*

**Specific permissions are required on your profile to allow you to register.*

Permissions can only be added/confirmed by emailing

kcmtenniscoordinator@gmail.com

In the Kingsbury Club Medfield Mobile App

- SIGN IN. If you need to change the participant being registered (i.e. switch to your profile), go to PROFILE at the bottom of the screen & then tap the arrow next to your name & select the appropriate name.
- Tap EXPLORE at the bottom
- Tap CLASSES
- Tap the MAGNIFYING GLASS in the top right hand corner
- Enter in your parameters (Category>Tennis) (Date>)
- Tap SHOW CLASSES
- Choose your Class > Tap SIGN UP > Choose Payment

HOW TO REGISTER FOR A PROGRAM STEP BY STEP:

(Drills & Skills, Adult Beginner's Tennis)

See Program Registration Grid for Opening Days.

**Specific permissions are required on your profile to allow you to register. Permissions can only be added/confirmed by emailing kcmtenniscoordinator@gmail.com*

**Tip: Confirm you are able to sign in before the registration opening day.*

In the Kingsbury Club Medfield Mobile App

- SIGN IN. If you need to change the participant being registered (i.e. switch to your child's profile), tap PROFILE at the bottom of the screen, tap the arrow next to your name and select the appropriate name.
- Tap EXPLORE at the bottom
- Tap PROGRAM > Tap CATEGORY
- Scroll to TENNIS > Tap SHOW PROGRAMS
- Choose your Program > Tap SIGN UP > Choose Payment

MEN'S LADDERS

The Kingsbury Club Medfield is excited to offer this tennis opportunity that will bring fun, competition, and growth to your game! Monthly Prizes! A challenge ladder is a mechanism for ranking tennis players according to their skill levels. As members of the ladder play each other, their relative positions are adjusted to reflect the results of their play. Match times are organized and proposed by you and based on your schedule. You set the time and date of when you want to propose a match! More information: bit.ly/adulttennisladder

Register: Email Andrew Schadt - andrewkcmtennis@gmail.com

Levels: Men's Intermediate Singles 3.0-3.5 •

Men's Advanced Doubles 4.0+ • Men's Advanced Singles 4.0+

Cost: Members: \$40/Person Registration Fee • Non-Members: Email Andrew Schadt

Court fees still apply, balls not included.

Regular Season Session: October 1 - March 31 **Playoffs:** April 1 - May 3

Ladder Finals: Saturday, May 4, 2024 @ 3:00pm

LADIES DAYTIME DOUBLES LEAGUE (DBH)

Dorothy Bruno Hills League - play other local clubs on a weekly basis.

(2.5 - 4.5+ Skill Level Ladies)

Register/Apply: Email kcmtenniscoordinator@gmail.com for information on the application process that begins in April for the following season.

Offered: September thru Mid March

NEW TO THE PROGRAM? NOT SURE WHERE TO START?

SCHEDULE A COMPLIMENTARY 5-10 MINUTE EVAL!

(AVAILABLE TO MEMBERS & NON-MEMBERS!)

- Email kcmtenniscoordinator@gmail.com for more information or to schedule a complimentary 5-10 minute evaluation, available to members & non-members. Complete beginners - no evaluation needed.
- Specific permissions based on your club rating (determined in your eval or if you are a complete beginner requested by emailing the coordinator) are required to be added to your profile to allow you to register for classes/programs, this can only be done by emailing kcmtenniscoordinator@gmail.com

POLICIES

- CLASSES, COURT RESERVATIONS, LESSONS: 24 Hours.
- PROGRAMS: 10% of the cost of the program will apply to a non-refundable deposit. Within 72 hours of the program's session start date all fees are non-refundable unless due to injury accompanied by a doctor's note.

PROGRAM SESSION DATE INFORMATION

(*Drills & Skills, Adult Beginner's Tennis)

**Drills & Skills spans the Full Winter Session, both Winter Sessions 1 & 2*

Session	Program Dates	Program Does Not Meet:	Registration Opens @ 5am *NEW DATES*
Winter 23' Session 1	12/4 - 1/21	12/23 - 1/1	11/3 Mem. 11/10 NM.
Winter 23' Session 2	1/22 - 3/17	2/17 - 2/23	11/3 Mem. 11/10 NM.
Spring 24'	3/18 - 6/16	3/31 & 4/13 - 4/19 & 5/25 - 5/27	2/3 Mem. 2/10 NM.
Summer 24'	tbd.	tbd.	2/3 Mem. 2/10 NM.