

# PICKLEBALL SCHEDULE

Kicking Off March 30!



★ PERMISSIONS REQUIRED ON YOUR ACCOUNT IN ORDER TO REGISTER FOR ALL CLASSES - Contact [johnp@kingsburyclub.com](mailto:johnp@kingsburyclub.com) ★

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am			<b>H.I.P</b> (Recreational) 1 hr. w/Coach	<b>H.I.P</b> (Recreational) 1 hr. w/Coach Ari	<b>Skills &amp; Strategies</b> (Recreational) 1 hr. w/Coach Ari		
9:00am			<b>Drill &amp; Play</b> (Recreational) 1.5 hrs. w/Coach	<b>Skills &amp; Strategies</b> (Recreational) 1 hr. w/Coach Ari	<b>H.I.P</b> (Recreational) 1 hr. w/Coach Ari		
10:00am	<b>Rise n' Rally</b> (Recreational & Intermediate) 2 hrs.	<b>H.I.P</b> (Intermediate) 1 hr. w/Coach				<b>New!</b> <b>Rise n' Rally</b> (Recreational & Intermediate) 2 hrs.	<b>Skills &amp; Strategies</b> (Intermediate) 1 hr. w/Coach
10:30 am	<b>Drill &amp; Play</b> (Recreational) 1.5 hrs. w/Coach	<b>New!</b>				<b>New!</b> <b>Power Hour</b> (Recreational) 1 hr. w/Coach Ari	
12:00pm		<b>Senior Slammers</b> (ages 55+) 2 hrs.		<b>Senior Slammers</b> (ages 55+) 2 hrs.		<b>Pickleball 101</b> 1 hr. w/ Coach	
1:00pm						<b>Pickleball 201 Round Robin</b> 1 hr. w/ Coach	
4:00pm				<b>Junior Pickleball</b> (ages 9-13+) 1 hr. w/Coach Ari			
5:00pm	<b>New!</b> <b>Ladies Connect &amp; Play</b> (Recreational & Intermediate) 1.5 hrs.	<b>Junior Pickleball Academy</b> (Coach's Approval Required) ages 9-13+ 1 hr. w/Coach Ari	<b>Pro Play In Round Robin</b> (Recreational) 1.5 hr. w/Coach	<b>Junior Pickleball Academy</b> (Coach's Approval Required) ages 9-13+ 1 hr. w/Coach Ari	<b>Fridays After 5</b> Every Friday (Recreational & Intermediate) 5-9pm 4 hrs.		
6:00pm		<b>Honcho Doubles League!</b> (2.5 - 4.0+ Co-Ed) 4 hrs.					
6:30pm	<b>New!</b> <b>Mens Connect &amp; Play</b> (Recreational & Intermediate) 1.5 hrs.		<b>Ladies Night Doubles</b> (Recreational & Intermediate) 2 hrs.	<b>Mens Night Doubles</b> (Recreational & Intermediate) 2 hrs.			

**SIGN ME UP! HOW TO REGISTER:**  
On the Kingsbury Club Medfield App under "Explore>Classes"  
@5am up to # of days in advance

- Full Members: Register **6** days
- Pickleball Only Members: **5** days
- Non-members: **3** days ahead at

Classes shaded grey indicates scores are submitted to DUPR.  
Only offered on select dates, see back for listing of dates. Register up to 2 months in advance.  
Classes shaded blue require a verified 3.0+DUPR Rating or coach's approval contact [johnp@kingsburyclub.com](mailto:johnp@kingsburyclub.com) for permissions on profile.

**CLASS LEVELS**  
**Recreational:** 2.0-2.9 must have taken Pickleball 101 or be proficient in playing & scoring. **Intermediate:** 3.0-3.9

# PICKLEBALL PLAYER TO DO LIST:

1st - Contact the Coordinator - [johnp@kingsburyclub.com](mailto:johnp@kingsburyclub.com)

\*PERMISSIONS REQUIRED ON YOUR ACCOUNT IN ORDER TO REGISTER FOR ALL CLASSES\*

## LEARN TO PLAY

- PICKLEBALL 101** Perfect for beginners! This 1-hour session covers the basics—rules, scoring, hitting, positioning, and strategy. Equipment provided. Join multiple clinics to build skills! Please complete to jump into weekly offered classes! Offered: 6/6, 6/28, 7/18, 8/22 (REGISTER UP TO 2 MONTHS IN ADVANCE!) • 1 hr | Mem. \$20 | Non-Mem. \$30
- PICKLEBALL 201 ROUND ROBIN** For players who have completed Pickleball 101. Review basics while focusing on strategy, positioning, & live gameplay—featuring our fun Chutes & Ladders format! Offered: 6/6, 6/28, 7/18, 8/22 (REGISTER UP TO 2 MONTHS IN ADVANCE!) 1 hr | Mem. \$20 | Non-Mem. \$30
- JUNIOR PICKLEBALL** Ages 9-13+ learn & compete in Pickleball - focusing on fun & fundamentals through a series of skill progressions. Recreational Level 4-5pm & Academy Level (Coach's Approval Required) 5-6pm. Convenient 6 week sessions! Register on the App under Programs! [bit.ly/kcmeyouthpickleball](http://bit.ly/kcmeyouthpickleball)

## WEEKLY OFFERED CLASSES BY LEVEL & RATINGS (Must have taken 101 or be proficient in scoring!)

- H.I.P** High Intensity Pickleball. Work on point play scenarios, practice positioning & developing strategies. Get a great workout, play a lot of pickleball! Recreational (2.0 - 2.9) Intermediate (3.0 - 3.9) Intermediate level must have a 3.0+ DUPR Rating or coach's approval. • 1 hr | Mem. \$28 | Non-Mem. \$38
- SKILLS & STRATEGIES** Themed training sessions to improve your game. Players will develop their skills and test them out in a competitive environment with coaching feedback. Each session ends with pro critiqued point play. Recreational levels please complete Pickleball 101. Intermediate level must have a 3.0+ DUPR Rating or coach's approval. • 1 hr | Mem. \$28 | Non-Mem. \$38
- DRILL & PLAY** Muscle memory is built through consistency and repetition. Each week, our coaches will focus on a specific shot, giving players a full workout with a nonstop Drill mentality. We'll finish each session with game play that reinforces the skill of the day, putting your practice into real-game action. 1.5 hrs | Mem. \$38 | Non-Mem. \$50
- PRO PLAY IN ROUND ROBIN** Spend 90 Minutes playing alongside and against a professional instructor to challenge your skills and gain real-time strategic insights. 3 Players + Coach. • 1.5 hr | Mem. \$15 | Non-Mem. \$25
- POWER HOUR** Turn up the pace with Pickleball Power Hour a high-energy session designed to keep you moving from the first serve to the final point. Focusing on quick feet, rapid-fire rallies, & continuous play to help build endurance while sharpening your game. Fast rotations, Continuous rally play, Come ready to move, compete, and power up your game while jamming out to a new themed playlist each week. • 1 hr | Mem. \$28 | Non-Mem. \$38

## OFFERINGS WITH DUPR SCORES SUBMITTED

- LADIES & MENS NIGHT DOUBLES** Join us for Doubles sessions aimed at creating a fun and competitive atmosphere with some quality game-play! Partner not necessary, Chutes & Ladders style. Powered by Swish Pickleball App, download the App & hit the court. Scores submitted to DUPR. 2 hrs | Mem. \$15 | Non-Mem. \$20
- HONCHO DOUBLES LEAGUE** Join the nation's largest amateur Pickleball league! Co-ed matches at KCM every Tuesday, with skill-based leagues (2.5–4.0+). 6 weeks of play + 2 weeks of playoffs! Visit [www.honchopickle.com](http://www.honchopickle.com) to register!

## OPEN PLAY (Must have taken 101 or be proficient in scoring! No Drop Ins.)

- RISE N RALLY** Open to all skill levels, but must be proficient in playing/scoring! Courts will be open for social games, we encourage all levels to play with each other during this time, no private games allowed. Bring some friends, meet new players, & enjoy some fun! • 2 hrs | Mem. \$10 | Non-Mem. \$15
- FRIDAYS AFTER 5** Join us every Friday! Open to all skill levels, but must be proficient in playing/scoring! All courts will be open for social games between 5-7pm, we encourage all levels to play with each other during this time. No private games allowed. 7-9 pm we separate the courts by skill level. Recreational level will play on cts. 1-6; Intermediate will play on cts. 6-12. Bring some friends, meet new players, grab a drink & enjoy some fun! Self pour station (21+), beer & wine. • 4 hrs | Mem. \$25 | Non-Mem. \$35
- SENIOR SLAMMERS** Calling all seniors (55+), this is YOUR time to join us on the Pickleball courts. Open to all skill levels, but must be proficient in playing/scoring! We encourage all levels to play with each other during this time. No private games allowed. Bring some friends, meet new players & enjoy some fun! Equipment Provided. • 2 hrs | Mem. \$5 | Non-Mem. \$10
- CONNECT & PLAY** Join us for a fun, social 90-minute session designed to bring players together on the court. Using a rotation board, you'll mix and match partners throughout the night, keeping games fresh & engaging. This program is all about connection over competition—so leave the serious pickleball for another time. Enjoy a relaxed, welcoming atmosphere while meeting others in the community. After play, keep the good vibes going and head over to the Ice House for drinks and socializing. • 1.5 hrs | Mem. \$10 | Non-Mem. \$15