

Junior Development Tennis

Ages 5-16+

Jump Start (age 5)

Tuesday 3:30-4:00
Wednesday 3:30-4:00
Thursday 3:30-4:00

Red Ball (ages 6-7+)

Monday 3:00-4:00
Monday 4:00-5:00
Tuesday 4:00-5:00
Wednesday 4:00-5:00
Thursday 4:00-5:00
Saturday 11:15-12:00

Orange Ball (ages 8-10)

Tuesday 4:30-5:30
Thursday 4:30-5:30
Saturday 10:30-11:15

Green Ball (ages 10-12)

Tuesday 3:30-4:30
Thursday 3:30-4:30
Saturday 9:30-10:30

Yellow Ball (ages 13+)

Tuesday 5:30-6:30

High School (ages High School)

Tuesday 5:30-6:30

SPRING 2026

March 16 - June 14

No Class: 4/18 - 4/24 & 5/23 - 5/25

*Program placement is based on age & Coach's recommendation.

30 Minute Class

(Jump Start)

11 Weeks: \$182 Mem. • \$220 Non-Mem.
12 Weeks: \$198 Mem. • \$240 Non-Mem.

45 Minute Class

(Red & Orange Ball on Saturdays)

11 Weeks: \$273 Mem. • \$330 Non-Mem.

1 Hr. Class

(Red, Orange, Green, Yellow, High School)

11 Weeks: \$363 • \$440 Non-Mem.
12 Weeks: \$396 Mem. • \$480 Non-Mem.

Pricing is for one clinic day per week for the Spring Session.
11 Weeks = Sat, Sun, Mon • 12 Weeks = Tues, Wed, Thu, Fri



KINGSBURY CLUB

M E D F I E L D

JUNIOR DEVELOPMENT TENNIS FOR AGES 5-16+

All our programs encompass players at all ages from complete beginners to an intermediate level. Classes are designed to introduce tennis in a fun way, instilling a lifelong love of the game. We will cover all the fundamentals necessary to develop the skills needed to enjoy the lifetime sport of tennis! Teamwork and life skills -- integrity, determination & dedication; introduction to Positive Youth Development -- character, competence, confidence, & connection are a huge component. The Jump Start, Red, Orange & Green Dot Ball programs use a play format consisting of courts & nets scaled to the size & ability of young children along with low compression balls that bounce lower & slower than a regular tennis ball.

Players will be grouped during the clinic according to skill.

No prior experience needed for any of these programs.

JUMP START (age 5)

- Introduces tennis in a fun, innovative way
- Uses foam & low compression red balls. Smaller net
- Age & size appropriate equipment & activities
- Build self-esteem and hand/eye coordination

RED BALL (ages 6-7+)

- Fun intro to basic tennis components & play
- Children work in pairs with the coach & develop gross motor skills
- Improve tracking & ball reception with simplified strokes
- Improve consistency, build the rally & introduce point play

ORANGE BALL (ages 8-10)

- Fun, structured exercises specific to tennis, strokes & skills
- Development of technique, consistency, shot direction & cooperative rally point play
- Focus on learning tactics and patterns

GREEN BALL (ages 10-12)

- Begin/continue work on top spin, movement & directionals
- Focus on building and finishing points
- Learning offense & defense styles of play
- Continue development of technique, movement and tactics
- Build confidence and decision making through cooperative and competitive point play

YELLOW BALL (ages 13+)

- Emphasis on playing skills & strong technical stroke skills
- Learning to compete, consistency, & refining technique
- Building on the Green Ball curriculum

HIGH SCHOOL (ages High School)

- For the aspiring JV/Varsity player or teen who is looking to pick up tennis for the first time
- There is a strong emphasis on learning the game, having fun and basic stroke technique!

Jump Start Tennis for 5 Year Olds:

Parents are expected to stay and watch during this program.

NEW TO THE PROGRAM? BEEN AWAY FOR A WHILE? QUESTIONS ABOUT YOUR PLACEMENT? NOT SURE WHERE TO START?

1. Visit bit.ly/kcmjuniortennis & fill out the form.
2. The coordinator will reach out to help determine your child's program placement based on either age for Jr. Development programs or through an evaluation for Academy Level players.
3. The coordinator will add permissions to your child's profile so you are able to register.

HOW TO REGISTER FOR A PROGRAM STEP BY STEP IN THE APP

★ **Specific permissions are required on your child's profile** to allow you to register them. These permissions can only be added/confirmed by emailing jillianc@kingsburyclub.com once your child's program placement has been determined.

★ **Tip:** It is helpful to know which program & day(s) you want to register for & confirm you are able to successfully sign in before the registration opening day.

- SIGN IN. If you need to change the participant being registered (i.e. switch to your child's profile), tap PROFILE at the bottom of the screen, tap the arrow next to your name and select the appropriate name.
- Tap EXPLORE at the bottom
- Tap PROGRAM
- Tap CATEGORY
- Scroll to TENNIS, Tap SHOW PROGRAMS, Choose your Class Day/Time
- Tap SIGN UP & Choose Payment (Credit Card or House Charge)

POLICIES (TENNIS PROGRAMS)

- 10% non-refundable deposit at the time of registration.
- Within 72 hours of the session start date all fees are non-refundable unless due to injury accompanied by a doctor's note.
- House account credits for missed classes accompanied by a doctor's note provided within a week of the absence, no make up classes.
- We do not offer waitlists, in the event of an opening we will email out.
- Members: To honor member pricing & registration participation the player must remain an active member throughout the session.

PROGRAM SESSION DATES & REGISTRATION DATES

Session	Program Dates	Program Does Not Meet:	Registration Opens @ 5am
Spring 26'	3/16 - 6/14	4/18 - 4/24 & 5/23 - 5/25	2/9 Mem. 2/16 NM
Summer 26'	See Program Specific Flyer.	See Program Specific Flyer.	2/9 Mem. 2/16 NM
Fall 26'	9/2 - 11/24	n/a	7/27 Mem. 8/3 NM