# Junior Development Tennis Ages 4-16+

KINGSBURY CLUB

# **Jump Start Level 1 (age 4)** Monday 11:00-11:30 Monday 3:00-3:30

# Jump Start Level 2 (age 5)

Monday 3:30-4:00 Tuesday 3:30-4:00 Wednesday 3:30-4:00 Thursday 3:30-4:00

# Red Ball (ages 6-7+)

Monday 4:00-5:00 Tuesday 4:00-5:00 Wednesday 4:00-5:00 Thursday 4:00-5:00 Saturday 11:15-12:00

# **Orange Ball (ages 8-10)** Tuesday 4:30-5:30 Thursday 4:30-5:30 Saturday 10:30-11:15

# Green Ball (ages 10-12)

Tuesday 3:30-4:30 Thursday 3:30-4:30 Saturday 9:30-10:30

# Yellow Ball (ages 13+) Tuesday 5:30-6:30 \*New Time\* Friday 5:00-6:00

High School (ages High School) Tuesday 5:30-6:30 \*New Time\* Friday 5:00-6:00

# **SPRING 2024** March 18 - June 16 No Class: 3/31 • 4/13-4/19 • 5/25-5/27

\*Program placement is based on age and Coach's recommendation.

### 30 Minute Class (Jump Start)

**11 Week Session** \$171 Mem. • \$209 Non-Mem.

12 Week Session \$186 Mem. • \$228 Non-Mem.

## 45 Minute Class (Red & Orange Ball - Saturdays)

**11 Week Session** \$256 Mem. • \$314 Non-Mem.

#### 1 Hr. Class (Red, Orange, Green, Yellow, High School)

11 Week Session \$341 Mem. • \$418 Non-Mem.

**12 Week Session** \$372 Mem. • \$456 Non-Mem.

\*Pricing is for one clinic day per week for a whole session Sun = 10 Wk. Session Mon & Sat = 11 Wk. Session Tue, Wed, Thu, Fri = 12 Wk. Session

#### JUNIOR DEVELOPMENT TENNIS FOR AGES 4-16+

All our programs encompass players at all ages from complete beginners to an intermediate level. Classes are designed to introduce tennis in a fun way, instilling a lifelong love of the game. We will cover all the fundamentals necessary to develop the skills needed to enjoy the lifetime sport of tennis! Teamwork and life skills -- integrity, determination & dedication; introduction to Positive Youth Development -- character, competence, confidence, & connection are a huge component. The Jump Start, Red, Orange & Green Dot Ball programs use a play format consisting of courts & nets scaled to the size & ability of young children along with low compression balls that bounce lower & slower than a regular tennis ball. Players will be grouped during the clinic according to skill. **No prior experience needed for any of these programs.** 

#### JUMP START (Level 1 age 4 • Level 2 age 5)

- Introduces tennis in a fun, innovative way
- Uses foam & low compression red balls. Smaller net
- Age & size appropriate equipment & activities
- Build self-esteem and hand/eye coordination

#### RED BALL (ages 6-7+)

- Fun intro to basic tennis components & play
- Children work in pairs with the coach & develop gross motor skills
- Improve tracking & ball reception with simplified strokes
- Improve consistency, build the rally & introduce point play

#### **ORANGE BALL (ages 8-10)**

- Fun, structured exercises specific to tennis, strokes & skills
- Development of technique, consistency, shot direction & cooperative rally point play
- Focus on learning tactics and patterns

#### **GREEN BALL (ages 10-12)**

- Begin/continue work on top spin, movement & directionals
- Focus on building and finishing points
- Learning offense & defense styles of play
- Continue development of technique, movement and tactics
- Build confidence and decision making through cooperative and competitive point play

#### YELLOW BALL (ages 13+)

- Emphasis on playing skills & strong technical stroke skills
- Learning to compete, consistency, & refining technique
- Building on the Green Ball curriculum

#### HIGH SCHOOL (ages High School)

- For the aspiring JV/Varsity player or teen who is looking to pick up tennis for the first time
- There is a strong emphasis on learning the game, having fun and basic stroke technique!

# Jump Start Tennis for 4-5 Year Olds:

Parents are expected to stay and watch during this program.

#### NEW TO THE PROGRAM? BEEN AWAY FOR A WHILE? QUESTIONS ABOUT YOUR PLACEMENT? NOT SURE WHERE TO START?

Go to bit.ly/kcmjuniortennis & fill out the form, the coordinator will be in touch to determine your child's program placement. Once we have determined your child's placement (based on age for Jr. Development programs and an eval for Academy level program applicants) the coordinator will add appropriate permissions to your child's profile to allow you to register your child for programs.

#### HOW TO REGISTER FOR A PROGRAM STEP BY STEP IN THE APP

\*Specific permissions are required on your child's profile to allow you to register them. These permissions can only be added/confirmed by emailing the coordinator once your child's program placement has been determined. \*Tip: It is helpful to know which program and day(s) you want to register for and also confirm you are able to sign in before the registration opening day.

- SIGN IN. If you need to change the participant being registered (i.e. switch to your child's profile), tap PROFILE at the bottom of the screen, tap the arrow next to your name and select the appropriate name.
- Tap EXPLORE at the bottom
- Tap PROGRAM
- Tap CATEGORY
- Scroll to TENNIS, Tap SHOW PROGRAMS, Choose your Class Day/Time
- Tap SIGN UP
- Choose Payment (Credit Card or House Charge)

#### **POLICIES**

- 10% of the cost of the program will apply to a non-refundable deposit.
- Within 72 hours of the program's start date all fees are nonrefundable unless due to injury accompanied by a doctor's note.
- House account credits for missed classes accompanied by a doctor's note, no make up classes.
- We do not offer waitlists, in the event of an opening we will email out.

#### **PROGRAM SESSION DATES & REGISTRATION DATES**

Session	Program Dates	Program Does Not Meet:	Registration Opens @ 5am
Spring 24'	3/18 - 6/16	3/31 & 4/13 - 4/19 & 5/25 - 5/27	2/3 Mem. 2/10 NM.
Summer 24'	See Summer Flyer.	See Summer Flyer.	2/3 Mem. 2/10 NM.
Fall 24'	9/4 - 12/1	11/27-12/1 & 10/31	7/29 Mem. 8/5 NM.