SPRING 2020: March 16 - June 14

Our Academy Futures programs encompass beginner, advanced beginner and intermediate level players from ages 11-18 years old. Players will learn proper grips, strokes, scoring, point construction, foot work, positioning, and match play. All players should have a good work ethic, positive attitude, and the desire to move up into our Academy program. Groups are leveled by ability.

Membership is required to participate in these programs. Evaluations are recommended for proper placement.

POINT PLAY (Sat/Sun)

- Structured Match Situations
- All Serve & Return Based
- Sets (Singles & Doubles)
- Learning to play Points
- How to manage a match
- Tie Breakers
- Weekly Themes

FUTURES 1

Players willing to put in the hard work and effort will be placed in this group by the Head of Junior Development. At this point in the tennis development process we expect that the player's focus, self-discipline, and pride in performance is unwavering. Our coaches will lay the groundwork for players to improve their games physically, tactically, technically, and mentally. It is our expectation that participants will be playing USTA Sectional tournaments and are expected to make their varsity team.

3 days/week program:
M 3:30-5:30 includes 30' conditioning,
W 5-6:30pm, Su 3:30-5pm POINT PLAY

Curriculum Highlights

- Heavy stroke development
- Developing spins
- Learning singles & doubles patterns
- Consistency and placement
- Confidence building
- Developing a slice backhand
- Selecting and building your game style
- Low, mid, and put away high volley
- Topspin and chip lobs
- Return of serve tactics and styles
- Swinging volleys
- Learn how to hit drop shots at right times
- Mental toughness and rituals

FUTURES 2

This program is for our intermediate level junior players. We work on developing and improving, strokes, strategy and match play. Players should have a good work ethic and positive attitude.

3 days/week program:
W 3:30-5pm, F 3:30-5pm,
Su 12:30-2pm POINT PLAY

Curriculum Highlights

- Improve fundaments
- Work on consistency and spins
- Appropriate stroke selection
- Develop first and second serves
- Point play with a purpose
- Foot work and positioning
- Develop confidence

FUTURES 3

This group is for our older junior beginner to advanced beginner level players. Learn the game of tennis.

Offered:
Tu 5:30-7pm,
F 3:30-5pm ★ NEW TIME ★,
Sa 1:30-2:30pm POINT PLAY

Curriculum Highlights

- Learn and improve tennis fundamentals
- Work on strokes and consistency
- Develop serves, volleys and overheads
- Develop point play
- Learn game strategy

Programs do not run:
Apr. 20-26 & May 23-25

Rev: 2/21/20

JUNIOR ACADEMY APPLICATION FORM

Participant _____ **Birthdate** _____

Parent/Guardian _____

Address _____

Home Phone _____ **Cell Phone** _____

Email _____

Current USTA Ranking _____

Current or future High School _____

High School position ❑ Starting Varsity ❑ Varsity Non-Starter ❑ Junior Varsity
❑ Singles ❑ Doubles ❑ NA

Program availability* ❑ 3 Day ❑ 2 Day ❑ 1 Day

Interest in lessons ❑ Private ❑ Semi-private ❑ Small Group

Name of player for semi-private _____

Add me to the lesson distribution list ❑ Yes ❑ No

Interest in playing USTA Tournaments ❑ Yes ❑ No

Aspiring level ❑ Collegiate ❑ USTA Jr. National Ranking
❑ USTA Jr. Sectional Ranking ❑ High School Varsity

**ALL Academy players are encouraged to participate in the FULL PROGRAM (3 days/week) to see their efforts pay off and maximize results. If the player's schedule does not allow them to participate in all three days please let us know by using the comment section below. Please specify which days will work and explain the player's situation. FULL program participants will be given priority for positions over part time players. Commitment is King!*

Please indicate desired program ❑ Academy Select ❑ Futures 1 ❑ Futures 2
❑ Futures 3 ❑ Intro to Teen Tennis
❑ JV Prep Clinic ❑ Varsity Tennis

Parent/Player Comments/Questions _____

_____

Member Type ❑ Member ❑ Non-Member

Payment Type ❑ Check ❑ House Charge (members only)

❑ Credit Card: Type/Number_____Exp.Date _____

I realize that the tennis programs are of a physical nature and the Kingsbury Club, its shareholders, directors, officers, employees, representatives and agents cannot be held responsible for any loss, claim, injury, damage or liability sustained or incurred by child during participation in our programs on the premises of Kingsbury Club, 2 Ice House Road, Medfield, MA 02052.

The Kingsbury Club reserves the right to photograph program participants for publicity purposes, in print or electronic media.

Parent's Signature_____ **Date** _____

REGISTRATION, CANCELLATION & MAKE-UP POLICY

Registration: Payment is due before the first class. If you have not paid, your spot is not secure. It is your responsibility to contact Jillian at 774.469.3052 to provide payment information if you are a non-member or do not wish to be house-charged.

Coaches reserve the right to move your child to the proper class based on skill.

The Kingsbury Club reserves the right to cancel programs due to insufficient enrollment.

Refunds/Credits: No refunds or credits are issued once the program has started except for injury (accompanied by a doctor's note) or weather. Credits will be given for classes cancelled by the Kingsbury Club due to inclement weather.

Make-ups: Make-up classes are NOT guaranteed. A player has the opportunity to schedule one make-up class. Make-ups are available based on program space, your schedule, player skill and coaches approval. Classes must be made up within the same session. Advanced notice strengthens your chance of participating in a make-up class. We appreciate your patience and foresight in scheduling make-up classes.

Tennis Coordinator: Jillian Curran **Email:** kcmtenniscoordinator@gmail.com **774.469.3052**