

# FITNESS SWIM PERSONAL TRAINING

## AT KINGSBURY CLUB



Fitness Swim Personal Training is the perfect program for anyone looking for private, personalized, coached swimming workouts. Workouts will be customized based on your own personal goals that can include but are not limited to: stroke/technique refinement, distance endurance, speed training, and turns and starts. This program is available to all swimmers of all levels and abilities.

Participants	Member	Non-Member
1	\$70	\$84
2	\$100 (\$50/person)	\$120 (\$60/person)
3	\$105 (\$35/person)	\$126 (\$42/person)
4	\$100 (\$25/person)	\$120 (\$30/person)

For sessions with 2-4 participants, per person pricing is based on membership. You can have members and non-members in the same group. Pricing is based on the number of participants participating in the session.

To register please fill out the Aqua Aerobic/Fitness and Lap Swim Personal Training Request Form which can be found on our website here:

[www.kingsburyclubmedfield.com/aquatics/aquatics-training-request](http://www.kingsburyclubmedfield.com/aquatics/aquatics-training-request)

For more information please contact Chris Carpino, Aquatic Director, at 774-469-3025 or [chriscarpinokcm@gmail.com](mailto:chriscarpinokcm@gmail.com)



### **Cancellation Policy**

- If you cancel a Private, Semi-private or Private Group training session within 24hours of the scheduled time you will be charged the full price.
- If you cancel within 24 hours due to illness, a Doctor's note is required to remove the lesson charge.
- If one member of a Semi-private or small group cancels, the pricing adjusts to the new number of participants in the lesson. It is the responsibility of the cancelling party to inform the other members of their session of their plans to do so.
- If you need to cancel for reasons relating to Covid-19, the lesson will not be billed.