

# Aqua Aerobic/Aqua Fitness PERSONAL TRAINING

This exciting new program offers personalized aqua aerobic workouts in a private, semi-private, or small group setting that provides plenty of space to exercise safely at a time reserved just for you in the pool.

A water fitness class that YOU want, tailored specifically for you that helps you reach your individual health and fitness goals.

Participants	Member	Member Package	Non-Member	Non-Member Package
1	\$70	\$280*	\$84	\$336*
2	\$100 (\$50/person)	N/A	\$120 (\$60/person)	N/A
3	\$105 (\$35/person)	N/A	\$126 (\$42/person)	N/A
4	\$100 (\$25/person)	N/A	\$120 (\$30/person)	N/A

**\*Special Package Pricing:** 5 sessions for the price of 4! Package Special available through January 9.

For sessions with 2-4 participants, per person pricing is based on membership.

You can have members and non-members in the same group. Pricing is based on the number of participants participating in the session.



### **Cancellation Policy**

- If you cancel a Private, Semi-private or Private Group training session within 24hours of the scheduled time you will be charged the full price.
- If you cancel within 24 hours due to illness, a Doctor's note is required to remove the lesson charge.
- If one member of a Semi-private or small group cancels, the pricing adjusts to the new number of participants in the lesson. It is the responsibility of the cancelling party to inform the other members of their session of their plans to do so.
- If you need to cancel for reasons relating to Covid-19, the lesson will not be billed.



### **How To Register**

To register for Private Aqua Training, please fill out the private training request form that can be found at:  
<https://www.kingsburyclubmedfield.com/aquatics/aquatics-training-request>

For any questions regarding this program please contact  
Chris Carpino, Aquatic Director, via email at [chriscarpinokcm@gmail.com](mailto:chriscarpinokcm@gmail.com)