



TENNIS ACADEMY SELECT

AGES 13+

Winter Session:

December 5 - March 19

(no class 12/24 - 1/1 & 2/18 - 2/24)

Monday

5:00 - 7:00pm

Thursday

5:30 - 7:30pm

Sunday (Point Play)

5:00 - 7:00pm

Mondays (13 Week Session)*

Members \$936 | Non-Members \$1066

Thursdays (13 Week Session)*

Members \$936 | Non-Members \$1066

Sundays (12 Week Session)*

Members \$864 | Non-Members \$984

Register on the App
under 'Programs'!
(see back for registration dates)

Tennis Academy Select

The Academy program focuses on competitive greatness. The tennis development program brings together a selected group of players who are committed to hard work and tennis development. The program's training and practice sessions will simulate what it takes to overcome adversity on court. The sessions aim to strengthen a player both mentally and physically by continually testing a player's will. Many of the Academy's challenges take players out of their comfort zones, with each session providing an opportunity to adapt and improve, ultimately enabling players to realize their personal best. This level of sacrifice and effort will have a positive impact on the player's future in competitive tennis and life.

Coach's approval required. Go to bit.ly/kcmjrtennisreg and fill out information to schedule an evaluation.

Academy Select Highlights

- Developing Weapons for your game style
- Exploiting Weaknesses
- Tactical Patterns
- Dynamic Balanced Drill Sessions
- Situational Games Mental Toughness & Rituals
- Resilience to Adversity
- Reliability and Responsibility
- On Court Conditioning

Sundays (POINT PLAY)

- Structured Match Situations
- All Serve & Return Based
- Sets (Singles & Doubles)
- Learning to play Points
- How to manage a match
- Tie Breakers
- Weekly Themes

HOW TO REGISTER FOR A PROGRAM IN THE APP (STEP BY STEP)

Download the Kingsbury Club Medfield Mobile App

(Tip: It is useful to know which day(s) you want to register for beforehand by cross checking the flyer)

App Directions:

- Sign in. If you need to change the participant being registered (i.e. switch to your child's profile), go to PROFILE at the bottom of the screen and then tap the arrow next to your name and select the appropriate name
- Tap **EXPLORE** at the bottom
- Tap **PROGRAMS**
- Tap **CATEGORY** > Scroll to **TENNIS**
- Tap SHOW PROGRAMS (Do not add any further search parameters)
- Choose your desired Program & Day/Time
- Tap **Sign Up**
- Confirm correct Day/Time, Tap **CONFIRM**
- Choose Payment Method > Tap **PAY**

Session:	Program Dates:	Program Does Not Meet:	Registration opens @ 5am:
Winter 22-23'	12/5 - 3/19	12/24 - 1/1 & 2/18 - 2/24	Members: 11/1 Non-Members: 11/8
Spring 23'	3/20 - 6/18	4/15 - 4/21 & 5/27 - 5/29	Members: 2/15 Non-Members: 2/22
Summer 23'	TBD	7/4	Members: 2/25 Non-Members: 3/2

***NEW* Holiday Class Schedule - Register Now Under 'Classes' in the App**
<https://www.kingsburyclubmedfield.com/holidaytennisschedule>

NEW TO THE PROGRAM? BEEN AWAY FOR A WHILE?

QUESTIONS ABOUT YOUR PLACEMENT? NOT SURE WHERE TO START?

Go to bit.ly/kcmjrtennisreg & fill out the form to schedule a complimentary 5-10 minute evaluation to determine your child's placement. Once we have determined your child's placement the coordinator will add appropriate permissions to your child's profile to allow you to register them for programs. Evaluations are available for Adult Players and Junior Players Seeking to Apply to Academy Level Programs.

COACH'S APPROVAL REQUIRED:

Go to bit.ly/kcmjrtennisreg and fill out the form to schedule a complimentary 5-10 minute player evaluation for players seeking to apply to our Academy level programs.

REGISTRATION POLICY FOR SESSION LONG PROGRAMS:

10% of the cost of the program will apply to a non-refundable registration fee. Within 72 hours of the program's start date all fees are nonrefundable unless due to injury accompanied by a doctor's note.